# MEISJE, WAS JE

# (Germany)

Origin:		Germany (Mecklenburg); original name, "Mädel, wasch dich."
Music:		Record: "Dans met ons" EP 111
Formation:		Quadrille dance, four cpls in square formation, $M$ with ptr on $R$ . During introduction join hands in a circle.
Measures		Pattern
А	1-4 5-8	Circle to the L with eight step-hop steps. Circle to the R with eight step-hop steps.
В1	1-2	Cross over.  Cpls 1 and 3, ptrs facing, hands on the back, change places, W passing through with four step-close steps.
	3-4	On the spot four step-hop steps, swinging the free leg in a circle (R leg CW and L CCW).
B2	5-8 1-8	Repeat action of meas 1-4 moving to own places.  Cpls 2 and 4 repeat action of Bl.
Cl	1-4	Wings. Cpls 1 and 3, shoulder-waist pos, starting with L ft tw running steps fwd. M hook L arms and the "wing" turns
	5-8	CCW with step-hop steps. The "wing" turns bkwd (CW).
C2	1-8	Note: Be careful on undoing the "wing"!  Cpls 2 and 4 repeat action of C1.
A	1-8	Circle of head cpls. Cpls 1 and 3, joining hands in a circle to the L and then to the R with step-hop steps.
B1 +	B2	Cross over. Cpls 2 and 4 start first.
C1 +	- C2	Wings. Cpls 2 and 4 start.

## MEISJE WAS JE (continued)

Big Circle.

A 1-8 All join hands in a circle, CW and CCW around with stephop steps.

Presented by Huig Hofman

#### HET PAARDENSPEL

### (England)

Origin: English country dance from "The Dancing Master." Original name "Mage on a cree." We used another melodie "Jack's Maggot."

Music: Record: "Dans met ons ..." EP 117.

Formation: Four cpls in square formation.

Measures		Pattern
Al	1-4	All take hands (shoulder height), starting with R ft three running steps fwd and close; the same bkwd.
	5-8	Balance to a ptr and turn single (to the R).
A2	1-8	Repeat action of Al.
		Circles.
Bl	1-4	M join hands in a circle, CW around with slides.
	5-8	M join both hands with the corner, CW once around (skipping steps).
	1-4	W join hands in a circle, CW around with slides.
	5-8	Ptrs join both hands, CW once around (skipping steps).
		Siding, balance, and turn.
Al	1-4	Ptrs pass L shoulders with four steps, turn to face own ptr
		(keep you eye in ptr's face!) and pass R shoulder back to place.
	5-8	Balance to the ptr and turn single.
A2	1-8	Repeat action of Al.